TIPS FOR SAFE RIDING

- Wear a helmet at all times.
- Give pedestrians the right of way.
- Be in control of your bicycle and ride on the right side of the road.
- Allow maximum two cyclists side-by-side.
- Respect the rights of property owners.

- Use hand signals and look before turning.
- Obey all traffic signs and vehicle traffic laws.
- Check your speed! Ride at the safe speed and slow down in congested areas.
- Stay aware: boulevard residents and boaters need access by car.

Bicycle Helmets for Sale - \$15

Free professional fitting!

From 10 a.m. – 2 p.m. on the below dates, helmets will be sold at Seward Park by the Cascade Bicycle Club.

June 21 and 28, July 5, August 9, 16, and 30

For more information, call 206-522-3222 or visit www.cascade.org

Bicycle helmets are the law in King County. Wearing a properly fitted bike helmet reduces the risk of severe head injury.

Seattle Parks and Recreation

Jesús Aguirre

Superintendent

Cheryl Fraser, Director

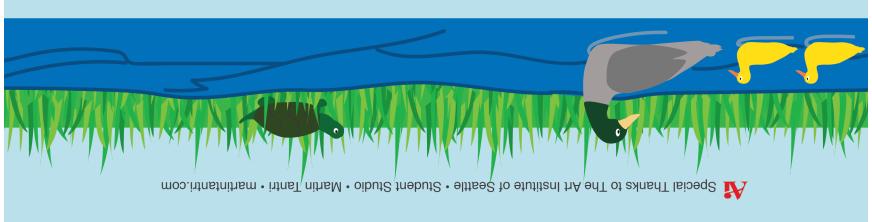
Regional Parks & Strategic Outreach

Joanne Orsucci, Manager

Athletic & Event Scheduling

For information during business hours, please call:

General Information: 206-684-4075 Citywide Athletics Office: 206-684-7094



















Bicycle Sunday SEATTLE PARKS AND RECREATION

50TH ANNIVERSARY





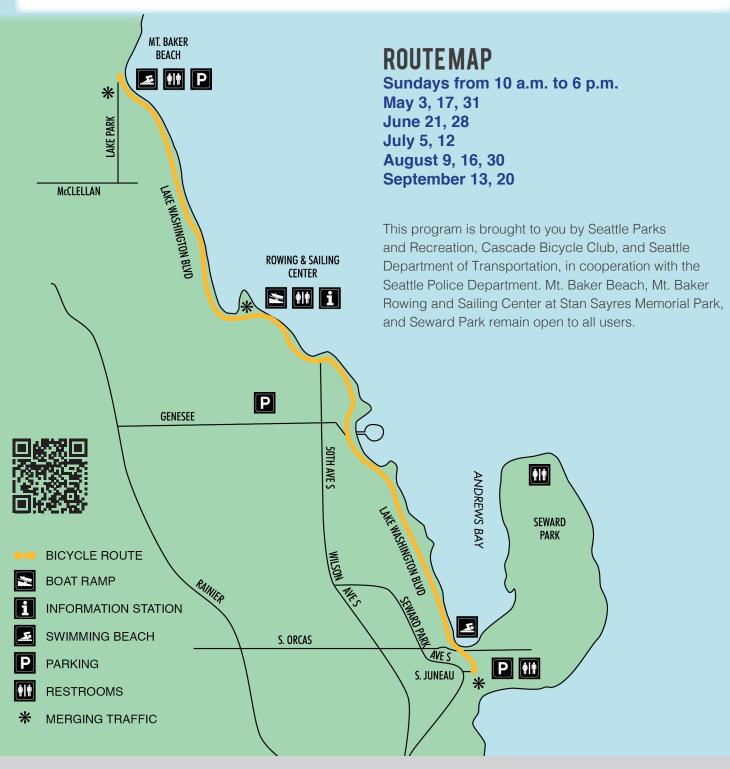
"There are many reasons we look forward to summer in Seattle. One of them is Bicycle Sundays on Lake Washington Boulevard. Every summer, we dedicate the roadway to the enjoyment of pedestrians and cyclists. On 12 Sundays from May to September, you'll find active families and people of all ages enjoying the beauty of our city. It's fun, free and family-friendly. Activities like this bring neighborhoods together and keep Seattle healthy and vibrant.

I'm proud to support and announce the 2015 season and 50th anniversary of this event."

Sincerely,

Ed Museum

Ed Murray Mayor of Seattle



For information about beach programs, wading pools, and other summer programs, please call 206-684-4075 or visit us on the web at www.seattle.gov/parks/.

The law requires that cyclists wear bicycle helmets. Please wear a CPSC-approved (or SNELL, ASTM ANSI-certified) bicycle helmet. It could save your life!